

Now Offering: Kids Yoga Parties!



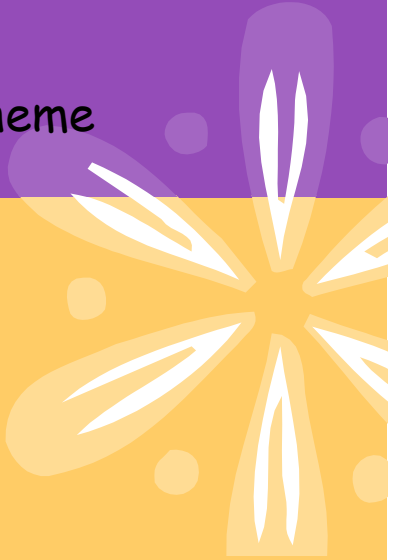
For a party with a *twist*

Yoga parties at Commit To Change are fun, action packed and great for little bodies and minds.

We'll help you choose a theme that's perfect for your child:

- Day at the Beach
- Jungle Adventure
- Zoo Trip
- Under the Sea
- Down at the Farm
- Or create your own theme

All parties include:

- Fun and imaginative yoga poses, games and music
 - Relaxation with foot or hand rubs
 - Use of our party room to serve food and decorate as you please
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Many other optional extras available - Just ask us!

Commit To Change: 2 Lackawanna Place, Morristown
Tel: 973 401 0066 Email: committochange@msn.com